

STATE NORMAL SCHOOL

Johnson. Vermont

A school maintained by the State of Vermont for the professional training of teachers. Courses of one, two, and three years' duration, with systematic instruction in music, drawing, school gardening, and practical teaching in the Training School of nine grades. Illustrations and circulars will be sent upon request.

EDWARD D. COLLINS, PRINCIPAL.

Montpelier Seminary

One of the best schools of Vermont, will open its 77th year on September 5, 1906. The Trustees have secured Mr. L. E. Tupper as permanent Principal, and henceforth he will devote his entire time to the interest of the Academy. A boarding and rooming house will be opened this fall where students will be under the immediate care of the Principal. The assistant teachers of former years have been re-engaged. Write for particulars to L. E. TUPPER, Principal.

Craftsbury Academy,

This well known school will open its 77th year on September 5, 1906. The Trustees have secured Mr. L. E. Tupper as permanent Principal, and henceforth he will devote his entire time to the interest of the Academy. A boarding and rooming house will be opened this fall where students will be under the immediate care of the Principal. The assistant teachers of former years have been re-engaged. Write for particulars to L. E. TUPPER, Principal.

GODDARD SEMINARY

Courses fitted for College, Scientific, Schools, Teaching and Business, Art and Music Departments. Graduates admitted to college on certificate. Attractive one year courses for High School graduates. Well equipped gymnasium. Large hall for base ball, foot ball, basketball and tennis. State championship track team for 1906. Excellent accommodation for self boarding pupils. A large fund reduces the expense below that of any other school of similar grade in the state. Board and tuition for the year of 37 weeks \$170. The location and arrangement of this building are conducive to good health. Send for catalogue.

Orlando K. Hollister, Litt. D. Principal, Barre, Vt.

COMMISSIONERS' NOTICE.

Estate of T. O. Andrus

The undersigned, having been appointed by the Honorable Probate Court for the District of Orleans, Commissioners, to receive, examine, and adjust all claims against the estate of all persons against the estate of T. O. Andrus, late of Albany in said district, deceased, and all claims exhibited in offset thereto, hereby give notice that we will meet for the purposes aforesaid, at the Office of R. M. Cowles, on the 22nd day of September and 2nd day of February, next from one o'clock p. m. until four o'clock p. m., each of said days, and that six months from the 10th day of August, A. D. 1906 is the time limited by said Court for creditors to present their claims to us for examination and allowance.

Dated at Albany, Vt., this 11th day of August, A. D. 1906.

R. M. COWLES, F. W. TENNEY, Commissioners.

COMMISSIONERS' NOTICE

Estate of Emeline L. Brown

The undersigned, having been appointed by the Honorable Probate Court for the District of Orleans, Commissioners, to receive, examine, and adjust all claims against the estate of all persons against the estate of Emeline L. Brown, late of Barton, Vt., in said district, deceased, and all claims exhibited in offset thereto, hereby give notice that we will meet for the purposes aforesaid, at Barton Vt., on the 17th day of September and 10th day of January next, from 9 o'clock a. m. until 5 o'clock p. m., each of said days, and that six months from the 13th day of July A. D. 1906, is the time limited by said Court for creditors to present their claims to us for examination and allowance.

Dated at Barton, Vt., this 26th day of August, A. D. 1906.

G. A. BARROWS, Com'rs.

N. M. SCOTT, Com'rs.

Application of Guardian to sell Real Estate

STATE OF VERMONT. In Probate Court, District of Orleans, ss. held at Newport in said District, on the 4th day of August, A. D. 1906.

L. A. Jackson of Greensboro, Guardian of Sarah E. French of Greensboro in said District, a person mentally incapable of taking care of herself or her property makes application to said Court for license to sell all the real estate of said ward, to wit: Being the home place of said ward, consisting of about one acre of land and buildings, the corner two acres of tillage land, fifteen acres of pasture land, and one acre with Brown Pond, thereon all situated in Craftsbury, in said District.

Representing that the sale thereof is necessary for the purpose of paying the expenses of supporting said ward.

Whereupon it is ordered by said Court, that said application be referred to a session thereof, to be held at the Probate Office in said Newport, on the 29th day of August, A. D. 1906, for hearing and decision thereon. And it is further ordered, that all persons interested be notified hereof, by publication of notice of said application and order thereon, three weeks successively in the Orleans County Monitor, a newspaper printed at said Barton, before said time of hearing, they may appear at said time and place, and, if they see cause, object thereto.

By the Court—Attest.

F. E. ALFRED, Judge, Register.

HAYING TOOLS

Mowers and Horse Rakes, Scythes, Hand Rakes and Forks, Mounted Grindstones, Machine Knife Grinders, Lawn Mowers, Garden Hose.

Paris Green, Bug Death, Sprayers, Cow-Oil-Ene, The Best Fly Oil.

TWOMBLY & COLTON
Barton Landing, Vt.

IN HUB MARKETS

Quotations on the Leading Products In Demand

Boston, Aug. 23.—Butter is firm, particularly western grades. Choice northern creamery, 25¢@26¢; western, 23¢@25¢; Vermont dairy, 20¢@22¢.

Cheese is very firm. York state, 11¢@12¢; Vermont, 11¢@11½¢.

Eggs are firm, especially good western. Choice hennerly and nearby, 20¢@28¢; eastern extras, 22¢@25¢; western, 18¢@20¢.

The local fruit and vegetable market displays a notable lack of activity. The demand at the best has only been fair, but the summer resorts are now the main outlet for goods and local retailers are doing very little. Under the circumstances, dealings are as large as could be reasonably expected. The market is quite plentifully supplied with everything and prices are low.

Receipts of apples are increasing all the time, but they include only a small proportion of choice, sound, hand-picked fruit; such stock is in good request and fetches good prices, but the poorer offerings are not wanted, and in a good many cases have to go for what they will bring. The abundance of the latter class of stock exerts a rather easy feeling on other kinds. With the exception of Williams, prices are lower on everything than a week ago. Golden sweets have begun to come in and are having a good sale at \$2.50 a barrel.

Cantaloupes are very plenty and go slowly at low figures, except when fancy. There has been a marked increase in the receipts of peaches, and they are cheaper than at any time before this season. Peas continue to get more plenty and lower. Plums are cheaper.

The market for potatoes is quiet and easy. Jersey stock is accumulating and prices are inclined lower. Sweet potatoes have shown an upward trend under light receipts and a good demand. Cabbages are abundant, with \$4 the high level. Green corn and tomatoes are plenty and cheap. Celery continues to work lower and the prices of a week ago on onions are not easy to secure, because they are in such large supply.

Apples—Williams, \$2.25 a barrel; astrachans, \$1.75@2.25; sweet boughs, \$2.25; golden sweets, \$2.25; duchess, \$2.25; gravensteins, \$2.25; rivers, \$1.50@2; pippins, \$1.50@2; common green varieties, \$1.50; black stock, 50¢@\$1.

Berries—Blackberries, 8¢@12¢ a qt. and 6¢@8¢ a pint; blueberries, 11¢@15¢ a quart.

Cantaloupes—California standard crates, \$4.50@5; pony crates, \$2.50@3; Jersey Jenny Linds, 75¢@\$1 a crate; Baltimore gems, \$1@1.50 a crate; Maryland, \$1.25 a crate of two dozen.

Grapes—Hudson river Delaware, \$2.75@3 an 8-basket carrier; Moore's early, \$1.50@1.75; champions, \$1@1.25.

Peaches—California, \$1.75@2.25 a box; Delaware, 75¢@\$1.50 a basket.

Pears—California Bartlett, \$2.75 a box; Georgia Kieffers, \$2.50@3 a barrel; native Clapps, 75¢@\$1.25 a bushel and \$3@3.50 a barrel.

Plums—California varieties, \$1.25@2.50 a four-basket crate.

Potatoes—Bristol Ferry stock, \$1.75 a barrel; Jersey cobbles, \$1.87¢@2 a barrel and \$8@72¢ a bushel; sweet potatoes, North Carolina, \$3.25@3.75 a barrel; Norfolk, \$3.50@3.75; eastern shore, \$3.25@3.75 a barrel.

Beans—Native string beans, green, 75¢@\$1 a bushel; wax, 75¢@\$1; shell beans, \$1.75@2 a bushel.

Cabbages—Native, 80¢@90¢ a barrel and \$2@4 a hundred.

Celery—Native, 50¢@\$1 a dozen bunches.

Lettuce, etc.—Lettuce, 20¢@35¢ a bushel box; romaine, 50¢ a dozen heads; chicory, 25¢ a dozen heads; escarole, 50¢ a dozen heads; parsley, 25¢ a bushel; mint, 25¢ a dozen bunches; watercress, 35¢ a dozen bunches.

Onions—Native sets, 75¢@85¢ a bushel; Spanish onions, \$1@1.25 a bushel crate and \$3@3.50 a large crate; leeks, 50¢ a dozen bunches.

Squashes—Native summer, 2¢@3¢ a piece; southern marrow, 75¢@\$1 a barrel.

Tomatoes—Native, 50¢@\$1.25 a bushel; hothouse, 70¢@80¢ a pound; Jersey, 40¢@60¢ a box.

Turnips—Yellow, \$1@1.25 a barrel; white, 50¢@75¢ a bushel.

Miscellaneous—Peas, \$1@1.50 a bushel; cucumbers, 50¢@\$2.50 a box; carrots, 75¢@\$1 a bushel; parsnips, \$1.50@1.75 a bushel; green corn, 35¢@50¢ a bushel box; radishes, 50¢@75¢ a bushel box; spinach, 25¢ a bushel; beets, 40¢@50¢ a bushel; peppers, 75¢@\$1 a bushel; eggplants, \$1@1.25 a crate; okra, \$2 a crate; native cauliflowers, \$1@2 a bushel box.

Pork provisions are generally easier, medium backs, bean pork, boiled hams and bacon being quoted lower, but lean ends are higher.

Fresh beef is quiet, and while choice heavy cattle are short and selling at better prices, light beef is in heavy supply and quotations are lower. Extra sides, 83¢@90¢; good, 80¢@84¢; light, 60¢@64¢; heavy hinds, 11¢@12¢; good, 103¢@110¢; light, 84¢@90¢; heavy fores, 84¢@90¢; good, 51¢@54¢; light, 34¢@40¢.

Lambs are in short supply and prices are firm; yearlings and muttons are steady; veals are in light offering, but the market is very dull. Spring lambs, 12¢@13¢; fall lambs, 10¢@11¢; yearlings, 9¢; muttons, 6¢@10¢; veals, 9¢@11¢.

Poultry is steady, with a fair demand, native broilers being scarce and firmer. Native broiler chickens, 18¢@20¢; fowls, 15¢@16¢; ducks, 12¢@13¢; western broilers, 16¢; fowls, 13¢@14¢.

Hay is quiet but firm; straw and mill-feed are quiet but steady. Hay No. 1, \$19.50@21; low grades, \$12.50@17; re straw, prime, \$12.50@13.50; oat straw, \$7.50@8.

W. C. T. U. COLUMN.

HEALTH.

If there is one present who does not desire it please pass out. Did I expect anyone to go? Why, no. I believe no blessing is more universally craved, and yet we are constantly doing just the things which prevent it.

"Talk health. The dreary, never-changing tale of fatal maladies is worn and stale. You cannot charm, or interest, or please. By harping on that minor chord, disease. Say you are well, or all is well with you. And God shall hear your words and make them true."

And those who will follow the instructions given through our H. and H. department will find that God is hearing and making it possible for each one to acquire and preserve health. The old time doctrine that the spiritual life had better chance of growth when illness came to the physical, is long since exploded. And how it ever held so large a company I cannot understand. Over and over the Book tells us the importance of health. I'll quote only two or three passages and you will do well to search out the rest.

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. In John 2.

Know ye not that your body is the Temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price; therefore glorify God in your body, and in your spirit, which are God's.

Behold I will bring health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth.

What right have we to willfully violate the laws so plainly written in our members and then blame Providence for sickness, pain—yes, and often death? Shall the criminal say that the lawmakers are to blame for his incarceration? Had he not the choice, obedience or penalty? How much easier to see the mote in another than the beam in our own eyes! I doubt not that many of you have suffered from headaches, as a direct result of ill-fitting shoes or high heels. You've had "that tired feeling" in the morning as a result of indigestibles taken for supper, or as a result of moistening food with drinks of water, tea or coffee instead of the complete mastication which the whole construction of the mouth indicates as correct; often you've had "bilious attacks," simply nature's attempt to right things. And for all these you question God's wisdom or with a sigh repeat "Whom the Lord loveth He chasteneth." Yet you were wholly to blame and the chastening was for your willful violation of the laws of health. Would you blame the manufacturer if in using your sewing machine you set the needle wrong side outward or turn the wheel the wrong way and break some part? Be as just to Him who made you and do not pretend to see God's hand leading you through deep waters of suffering in the sense so often repeated. He does lead and grants us wonderfully long lives if it seems when we do so much to shorten them. But loosen those clothes; use bones only where God has taught that bones are needed, let the shoulders support the weight of the clothes, wear nothing that will interfere with the free action of every muscle, both internal and external, study the best physiology obtainable till you comprehend to some extent that though we "are fearfully and wonderfully made" yet we are made right and do not need any of Dame Fashion's dictates.

Study the principles of sanitation, ventilation, cleanliness and all phases of household science. I doubt not most of you are thinking, "I know all about cleanliness." Now, do you? No doubt you strive too much for it in your houses. Mop less and bathe oftener. A tepid bath at night and a cold bath (sponge bath) in the morning will do more to right that nervousness, that lameness, that indigestion and all the rest than a bushel of drugs. Then don't undo the good of those by wrong eating—eat what you actually need, not what tastes good and as often and as much as tastes good. Study the food values. Why, I would gladly use double my allotted time just in a discussion of this branch of the subject. But, do you say, it will take time to study so much? The day man takes his paper, the dressmaker has her periodicals, the poultryman takes papers; why, how much more important that we study to preserve, beautify and make more enduring our bodies! The perfect physical being is far less likely to seek alcoholic drinks. And only think how many of both men and women have become drunkards through appetites formed by taking alcoholic medicines? This would not be if everyone were impressed from childhood with the thought that the human body is a wonderfully beautiful piece of work and we may each increase its beauty and symmetry by correct living.

Not least in producing and maintaining health is the influence of right thoughts. True it is that "Mental or physical work seldom kills." With proper care of the body no one can overwork. It is worry, trouble, anger and the like that cause many breakdowns. No longer let us lay at Eve's door the cause of the pain, nor at the door of our womanhood the invalid-

ism of our sex, rather blame fashion—nay, our own lack of sense which lets us follow fashion. Surely when such great cures are being brought about by adopting nature's ways, you need not doubt her power to preserve health. Breathe deep of fresh air, change the motto, "Shut the Door" to "Open Doors." It is not outdoor air nor draughts that give colds but the impure air previously breathed, the clogged systems, the too heavy clothing, the uneven circulation. Not only will nature's laws faithfully obeyed improve the body but it will be much easier to be cheerful, patient, forbearing, charitable. But I must stop here. Just let me urge the importance of health in our W. C. T. U. work. It will mean so much more and better work, and its influence won't end with the present generation but will show in better equipped bodies in the next generation and the next and the next.

Let each union form classes for health study, circulate literature, co-operate with your health officers. Send at any time to your state superintendent for plans for study, programs for meetings or any help you need, or to the national superintendent. But let us to work.

For life is the mirror of king and slave: 'Tis just what you are and do; Then give to the world the best that you have And the best will come back to you.

Madeline S. Bridges.

MRS. M. K. FAIRBANKS, Greensboro.

LETTER TO E. B. ROBINSON, BARTON, VT.

Dear Sir: If you could get the exclusive sale of a sweeter sugar for five miles round—½ pound as sweet as a pound of unal sugar, and cost no more—you'd jump at it, wouldn't you?

There wouldn't be 100 lbs of any other sugar sold in a year in your town; you'd gobble the trade; and it wouldn't hurt your whole business.

Devoe is like that among paints; it is twice as sweet as some; it is sweeter than any; not one exception; one gallon is two or one-and-a-half or one-and-three quarters.

Better than that; paint has to be painted; that costs \$2 to \$4 a gallon. A gallon saved is \$2 to \$4 saved in labor besides the paint.

Even that isn't all. A gallon Devoe put on wears as long as two gallons put on at a cost of \$2 to \$4 a gallon and two gallons more put on at \$2 to \$4 a gallon. Count all that. The paint that wears double costs less by three gallons of paint and three gallons of painting; that's about \$15 a gallon for those superfluous gallons.

That's as good as a double sweet sugar, isn't it?

Yours truly, F. W. DEVOE & CO., New York.

P. S. E. W. Barron Co. Barton; Teomble & Colton, Barton Landing; F. H. Pierce, Albany; and Sears & Russell, Irasburg; sell our paint.

PROBATE COURT.

Ephraim J. Morway estate, Troy. Commissioners' report returned.

Asa B. Nelson estate, Derby. Executors settle their account.

Maria Williams, non compos, Derby. Appraisers' inventory returned. Guardian applies for license to sell real estate. Referred to Sept. 10.

Horace D. Rawson trust estate, Craftsbury. E. L. Hastings, trustee settles his account.

Harry E. Goss estate, Dales, Tex., to W. Greensboro. Wallace W. Goss appointed administrator.

William T. White estate, Barton. License granted to sell real estate.

Charles W. Greenwood estate, Lowell. Administrator's inventory returned.

Francis K. Powell estate, Barton. Commissioners' report returned.

George K. Norton estate, Barton. Administrator's inventory returned.

Mary A. Tripp estate, Barton. Commissioners' report returned.

Charles C. Clark estate, Brownington. Commissioners' report returned.

Osmond L. Farr estate, Morgan. Commissioner's report returned.

Lewis Allbee estate, Barton. Commissioners' report returned.

James G. Withers estate, Craftsbury. H. F. Graham appointed administrator.

Sarah S. Isham estate, Barton. Appraisers' inventory returned.

John C. O'Rourke estate, Derby. Executor settles his account. Decree of distribution made.

Amasa Hauver estate, Derby. Commissioners' report returned.

Mary E. Hahang estate, Newport. Martha P. Kennison appointed administrator. A. C. Sleeper and T. C. Gale appraisers and commissioners.

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Prof. Tyler, of Amherst college, said recently: "A man can live comfortably without brains; no man ever existed without a digestive system." The digestive has neither faith, hope or charity." Day by day people realize the importance of caring for their digestion; realize the need of the use of a little corrective after overeating. A corrective like Kodol For Dyspepsia. It digests what you eat. Sold by Fred D. Pierce, Barton; F. J. Kinney, Barton Landing.

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On or before

The First Day Of School

Every scholar will need some of the following:

Tablets, Note Books, Lead Pencils, Slate Pencils, Paper Pencils, Copying Pencils, Combination Pen and Pencil, Pens, Pen Holders, Rulers, Compasses, Slates, Pencil Boxes, Erasers, Pencil Sharpeners, Etc., Etc.

AUSTIN'S PHARMACY

ARTHUR O. AUSTIN, Pharm. D.

Registered Pharmacist, Post Office Block, Barton Landing

School Supplies

Including Tablets, Composition Books, Pencils, Crayons, Pencil Boxes Erasers, Pens, Inks, School Boxes and Bags.

KINNEY'S PHARMACY.

Barton Landing, Vermont.

GRANITE MONUMENTS

Direct from Quarries at Bottom Prices.

Ask to see the latest and Best Designs.